

American Red Cross Lifeguard Manual

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American Red Cross Lifeguard Manual

The American Red Cross lifeguarding manual provides important safety information along with the necessary tools and techniques needed when caring for those in and around water. You can purchase the American Red Cross Lifeguard Manual on the Red Cross Store.

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Updated and released in January 2017, the American Red Cross Lifeguarding Manual is used by participants in the new 2017 Lifeguarding Program. This newly revised program trains lifeguards to act with speed and confidence in emergency situations - both in and out of the water.

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The Red Cross provides useful study tools to help you prepare for your lifeguarding test. The American Red Cross Lifeguard Manual contains skills sheets and references to help you understand the importance of water safety and arm you with all of the knowledge necessary to help save lives and avoid injury.

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resource to help reinforce the learning objectives of the various Lifeguarding, Waterfront Lifeguarding,courses. There are multiple review questions in a variety of formats, such as true and false, fill-in-the-blank, multiple choice and matching, to support the chapters in American Red Cross Lifeguarding manual. Chapter 1- The Professional ...

Lifeguarding Study Guide Questions

The American Red Cross Lifeguarding/First Aid/CPR/AED Certiication is valid for 2 years. Additional training may be required to meet state and local regulations or facility-speciic policies. To re-certify, American Red Cross certied Lifeguards with a current certiication may participate in a review course.

PARTICIPANT'S MANUAL CHAPTER REVIEW ANSWER KEYS

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Lifeguard Training & Certification | Red Cross

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The purpose of the American Red Cross Lifeguarding course is to provide entry-level lifeguard participants with the knowledge and skills to prevent, recognize and respond to aquatic emergencies as well as provide care for breathing and cardiac emergencies, injuries and sudden illnesses until emergency medical services (EMS) personnel take over.

CPR, Lifeguard and Swim Instructor Training | University ...

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