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gradually a definite Yogi science was  
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minds of that great country. The Yoga  
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Ramacharaka February 21, 2020

November 13, 2010 by Lichtenberg For  
thousands of years, yogis have believed  
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Quotes Showing 1-30 of 41 "The man who breathes through the mouth at night, always awakens with a parched feeling in the mouth and a dryness in the throat. He is violating one of nature's laws, and is sowing the seeds of disease."

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5.0 out of 5 stars Hindu-Yogi science of breath. Reviewed in the United Kingdom on May 13, 2013. Verified Purchase.

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Breathing. 57. XV. More Phenomena of  
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Spiritual Breathing. 73. The Hindu Yogis  
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Well-Being known as "Hatha Yoga," in its  
many phases and forms, is followed,  
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